

◀ St. Clair Street ADS Newslines ▶

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THANK YOU TO MAY DONORS & VOLUNTEERS

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AARP Members Volunteer A National Day of Service to ADS Programs



JoAnn Lamento, Carmen Bentley, Arthur Foxworth, Anna Simpson, Joyce Cumberbatch, Jessie Jackson, Tina O'Brien (standing) . Mary Thaxton, Grace Delahunt, Carl Rigsby (seated)



Carl Rigsby and Jessica Lendon, MTSU Intern, complete a craft project during AARP day of service



Yukiko Nishimura, MTSU Intern, works with Carmen Bentley during AARP project

Volunteer of the Month Betty Hill



Betty Hill, pictured above, has volunteered as a Friday morning regular in our ADS program right from the start almost seven years ago. Betty's twin granddaughters, Caroline and Claire have visited often and have been a source of joy for us as we have watched them growing up. Betty, a member of the Blackman F.C.E., has coordinated donations from that group. Thank you Betty, for your generosity and many kindnesses. ♥♥♥♥



ADS Staff: Tina O'Brien, May Caldwell, Lori Domer, & Nancy Gordon

Special thanks to the Murfreesboro Chapter of the AARP

These lovely folks participated in a national Day of Caring to ADS and assisted living facilities.

Message from Rebecca Kelly, State President, "We want to do this for a couple of reasons – one, so that we can all better understand the great work you all do in our communities, and two, to provide a service that you think will be meaningful for the residents/participants/consumers. Thanks for letting us know and for continuing to partner with us as we move forward to make long-term care options better for all families in Tennessee!"

Adult Day Services**Days/Hours**

Monday-Friday
8:00 a.m. to 5:00 p.m.
(extended day 7:45 am
to 5:15 pm)

Costs

Half Day (1-4 hrs)
\$17.50
Full Day (4-9 hrs) \$30
Extended Day \$35
Respite Care (on call)
(1-4 hrs) \$20
(4-9 hrs) \$35

*The Green House
is a total rethinking
of the architecture,
organization, staff-
ing and philosophy
of care normally
associated with
nursing homes.*

Established in
September 1999, the
Adult Day Services
Program is sponsored
by the
St. Clair Street
Senior Center
325 St. Clair Street
Murfreesboro, TN
37130
615-848-2550

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partially funded under
an agreement with the
Tennessee Commission
on Aging and the
Greater Nashville
Regional Council.

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DEVELOPING SMALL COMMUNITY HOMES AS ALTERNATIVES TO NURSING HOMES

"Green House" Model a New Approach to Long-Term Care

The Green House is a small intentional community for a group of elders and staff, it is intended to be a vessel for the enactment of the most positive elderhood possible. It is a place that focuses on life, and its heart is found in the relationships that flourish there. A radical departure from traditional skilled nursing homes and assisted living facilities, Green House alters facility size, interior design, staffing patterns, and methods of delivering skilled professional services. Developed by Dr. William Thomas and rooted in the tradition of the Eden Alternative, a model for cultural change within nursing facilities, the Green House is intended to de-institutionalize long-term care by eliminating large nursing facilities and creating habilitative, social settings. Its primary purpose is to serve as a place where elders can receive assistance and support with activities of daily living and clinical care, without the assistance and care becoming the focus of their existence.

The Green House is designed to be a home for eight to ten elders. It blends architecturally with neighboring homes, includes vibrant outdoor space, and utilizes aesthetically appealing interior features. The first Green House were designed by Richard McCarty, the McCarty Company, in Tupelo Mississippi. Richard and Dr. Thomas collaborated to create an environment that would be a home to the elders. The result was a house where each elder has a private living

♥ Tina, May, Lori, & Nancy